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Refer to the activity descriptions (pages 9-11) for information on each activity on this calendar!
 For planning purposes, it is VERY important that you pre-register for any and all activities listed in our newsletter, even if they are FREE!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Birthday Bash/ Open Center 6:00pm-7:30pm Page: 10 FREE  	4 Spread The Word To End The Word MCSO Bowling 4:00pm-5:30pm	5 Kitchen Creations 4:00pm-6:00pm Page: 10 \$10 	6 4-H Adventure Club 3:15pm-5:00pm Page: 10 FREE  	7 CC: Diamond Jo Casino and Lunch Buffet 11:00am-3:00pm Page: 9 \$20    
8 Day Light Savings Time Begins	9	10 Shamrock Shuffle 6:00pm-7:30pm Page: 10 \$3 Senior Center  	11 MCSO Bowling 4:00pm-5:30pm	12 Self Advocates Minnesota (SAM) 4:00pm-9:00pm Page: 11 FREE  	13 Java Café/Karaoke 6:00pm-7:30pm Page: 10 FREE  	14
15	16	17 St. Patrick's Day St. Patty's Day Party 6:00pm-7:30pm Page: 10 \$5  	18 MCSO Bowling 4:00pm-5:30pm	19 Ladies Night 6:00pm-8:00pm Page: 10 \$5  	20 Spring Begins Movie and Munchies: Breakthrough 6:00pm-8:15pm Page: 10 \$2 	21 World Down Syndrome Day CC: LeRoy Community Theater (Lottery) 4:45pm-9:00pm Page: 9 \$30   
22	23 Board of Directors Meeting 5:30pm	24 People First Aktion Club 6:00pm-7:30pm Page: 11 Bring \$2 to the meeting   	25 MCSO Bowling 4:00pm-5:30pm	26 Creative Arts: Austin Artworks Center 6:00pm-7:30pm Page: 10 \$15 	27 CC: Harlem Globetrotters (Lottery) 4:00pm-10:00pm Page: 9 \$82   	28
29	30 Newsletter Assembly 10:00am-12:00pm 	31 Bingo 6:00pm-7:30pm Page: 10 \$4  				

April 2020 Activity Calendar

Refer to the activity descriptions (pages 9-11) for information on each activity on this calendar!
For planning purposes, it is VERY important that you pre-register for any and all activities listed in our newsletter, even if they are FREE!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May-June 2020 Activity Registration begins on Monday, April 13 at 9:00 am.</p>			<p>1 April Fool's Day MCSO Bowling 4:00pm-5:30pm</p>	<p>2 World Autism Awareness Day Kitchen Creations 4:00pm-6:00pm Page: 10 \$10</p> 	<p>3 4-H Adventure Club 3:15pm-5:00pm Page: 10 FREE</p>  	<p>4 CC: Lunch (Culvers) and Movie (Peter Rabbit 2) 11:30am-4:00pm Page: 9 \$13.00 * / FREE **</p>   
			<p>5 Palm Sunday</p>	<p>6</p>	<p>7 Rose Sale Delivery 10:00am - 4:00pm and Pick-up Day 10:00am - 6:00pm</p> 	<p>8 MCSO Bowling 4:00pm-5:30pm</p>
<p>12 Easter</p>	<p>13</p>	<p>14 Moving and Grooving with Brian Lewis 6:00pm-7:30pm Page: 10 \$3 Senior Center</p>  	<p>15 Tax Day MCSO Bowling Ends 4:00pm-5:30pm</p>	<p>16 Guys Night 6:00pm-8:00pm Page: 10 \$5</p>  	<p>17 Friday Night Live/ Open Center 5:00pm-7:00pm Page: 10 FREE Concession Stand Available</p>   	<p>18 CC: International Owl Center 10:00am-4:00pm Page: 9 \$16</p>    
<p>19</p>	<p>20</p>	<p>21 Bingo 6:00pm-7:30pm Page: 10 \$4</p>  	<p>22 Earth Day 15th Annual Rock and Bowl 4:00pm-5:30pm More information will be sent to registered participants</p> 	<p>23 Movie and Munchies: Playing With Fire 6:00pm-8:00pm Page: 10 \$2</p> 	<p>24 Arbor Day</p>	<p>25</p>
<p>National Volunteer Week -----></p>						
<p>26 10th Annual Taste of Mower County 4:00pm- 7:00pm</p>	<p>27 Board of Directors Meeting 5:30pm</p>	<p>28 People First Aktion Club 6:00pm-7:30pm Page: 11 Bring \$2 to the meeting</p>   	<p>29 CC: Home Free Concert (Lottery) 4:30pm-10:30pm Page: 9 \$91</p>    	<p>30 Creative Arts: Melted Crayon Art Page: 10 \$12 6:00pm-7:30pm</p> 	<p>National Volunteer Week April 19-25, 2020</p> <p>Learn how you can volunteer at LIFE Mower County by visiting www.lifemowercounty.org/ volunteer</p>	

**PLEASE READ:
IMPORTANT
MESSAGE**

You are eligible to register if:

- Your membership is paid for the year
- You don't have any past balances due
- Annual membership form is up to date

How to register for activities:

- **Online (Preferred Option):** Visit <https://schedulesplus.com/lifemc/kiosk>. You will need to use your phone number and pin number (provided by LIFE Mower County) to log-in. This option offers you the most up-to-date information on your activities. Upon completion of your online registration you instantly know your status.
- **In Person:** Visit the LIFE office during regular business hours and the LIFE staff can register you for all of the activities that you would like to attend.
- **By Phone:** You can contact the LIFE office at 507-433-8994 during regular business hours to register for all of the activities that you would like to attend.

Payment options:











- Cash
- Checks payable to: LIFE Mower County (*Unless noted otherwise*)
- Credit/Debit Cards (*A small fee will be applied*)
- Pre-Pay Account (*You can add money to your account at any time. For Our Place activities only.*)

Other items of interest:

- A great effort has been made to assure the accuracy of the information provided in our newsletter. Due to the large amount of information, however, errors and changes may occur related to program schedules, locations, transportation and fees. LIFE Mower County reserves the right to make adjustments as necessary. LIFE Mower County will make every effort to notify participants of changes and corrections as quickly and efficiently as possible. We apologize for any inconvenience our errors may cause.
- A weekly email reminder is sent out on Saturday evening around 11:00pm with a list of the activities that you have signed up for the following week. This email also shows your status and if fees need to be paid.
- **Don't forget to mail or drop off your payment after registering. All fees must be paid by the date of the activity or a \$5.00 late fee will be added.**
- LIFE Mower County will only be mailing ONE newsletter/activity guide per address. If you need additional copies of this newsletter, you can pick up a copy at the LIFE Mower County office or visit www.lifemowercounty.org/news to print off additional copies.
- Registrations and payments will not be accepted at any activities. Please use the drop box by the main entrance to drop payments off after business hours.
- Scholarships are available: Looking forward to that special activity, but it's slightly out of your budget? Not to worry, we have the solution for you! Call LIFE Mower County at 507-433-8994 to request a scholarship or setup a payment plan before the event.
- What if I miss registration? Please contact LIFE Mower County at 507-433-8994 so we can confirm if there are openings left in the activities that you would like to register for.

For planning purposes, it is VERY important that you pre-register for any and all activities listed in our newsletter, even if they are FREE!

**Registration begins for
ALL activities listed in
this newsletter on
Tuesday, February 12, 2020
at 9:00 am.**

Activity Symbol Key	
	Volunteers Needed
	Please meet at the designated location 15 minutes before the activity begins. You will be dropped off at home after the activity.
	Transportation will not be provided for this activity
	Bring spending money to this activity
	A meal will be served at this activity
	A snack will be served at this activity
	Bring a sack lunch to this activity
	Light Walking
	Moderate Walking
	Heavy Walking

Community Connections

- Community Connections are activities that are focused on socializing, going to new and exciting places, and having fun!
- You must get your own ride to the designated location 15 minutes before the activity begins, unless noted otherwise. You will be dropped off at home after the activity if you're riding the bus.
- You are welcome to attend the Community Connections activities if you have your own transportation. Please contact the LIFE office for more information.
- Please specify your transportation choices when you register, if requested for that activity.
- Activities with pre-purchased tickets are nonrefundable if the activity is cancelled.

CC: Diamond Jo Casino and Lunch Buffet - 3/7

Let's head to Diamond Jo Casino. We will have a quick bite to eat at The Kitchen Buffet, and then go to the casino to press our luck. Lunch is included in the fee. Be sure to bring your I.D. or Driver's License and spending money for the casino.

CC: Harlem Globetrotters (Lottery) - 3/27

We're pushing the limits of basketball and having even more fun. Don't miss the one and only Harlem Globetrotters in an all-new tour. There will be new high-flying dunks, hilarious stunts, a new record-breaking attempt and unforgettable moments.

CC: Home Free Concert (Lottery) - 4/29

Join us for a perfect evening of mixed upbeat Nashville-dipped pop hits, country and western standards, incredible harmony and quick witted humor. The band's rich, Southern harmonies from their four vocalists Tim Foust, Rob Lundquist, Austin Brown, Adam Chance, and beatboxer Adam Rupp are coming to the Mayo Civic Center. Learn more about Home Free by visiting <http://homefreemusic.com/>.

CC: International Owl Center - 4/18

Few people are lucky enough to see these nocturnal raptors in the wild, but everyone can see live owls at the International Owl Center. Not only can you meet the owl ambassadors, you can feel how soft an owl wing is, find out more about the language of the Great Horned Owl and learn how to identify owls by their calls. The gift shop will tempt you with everything from plush owl puppets to locally made owl art. Be sure to bring spending money for lunch at Subway and for souvenirs.

CC: LeRoy Community Theater (Lottery) - 3/21

This year's LeRoy Community Dinner Theater takes the audience back to Kenosha, where detective and bar owner, Noah Cloo, is struggling to keep his bar afloat. Will the idea of a talent show attract new visitors? Meanwhile, career criminal, Dutch, is also going through a slump, because his buddy, Schlitz, is still tied up in a Mexican jail. How will Dutch continue to smuggle whiskey by himself? Join us for a night of laughs, gags, music and delicious food, catered by Ody's Country Meats.

CC: Lunch and a Movie - 4/4

We are headed to the big screen to see Peter Rabbit 2 movie at Cinemagic 7 in Austin. Before the movie we will be stopping for lunch at Culvers. **Meet at Culvers. Bring spending money for lunch and refreshments at the movie.** * = Fee includes movie ticket and transportation. ** = If you drive yourself, come by yourself, come with your own staff, you will have to pay for your own movie admission.

Our Place Recreation Center

4-H Adventure Club - 3/6 & 4/3

4-H Adventure Club is for youth with intellectual and developmental disabilities up to age 21, if enrolled in school who meet monthly after-school for hands-on learning experiences. Through the club, youth will make new friends and develop new skills! Youth need to be picked up after each session.

Bingo - 3/31 & 4/21

Join your friends for an evening playing the popular game BINGO. We will play 12 games and the first winner of each game wins a prize. Each member will be allowed to have two (2) cards.

Birthday Bash/Open Center - 3/3

Let's get together and enjoy cupcakes and ice cream with our friends and celebrate birthdays in March and April! We want to make this day all about you and your day.

Creative Arts: Austin Artworks Center - 3/26

Creative Arts provide an outlet for the participant to use their creative talents. All materials are included in the fee.

Creative Arts: Melted Crayon Art - 4/30

Creative Arts provide an outlet for the participant to use their creative talents. All materials are included in the fee.

Friday Night Live/Open Center - 4/17

Friday Night Live is a time where members can come, hang out, dance, play games and just have a good time with your friends. You are more than welcome to bring any favorite games or anything else that you think will be fun! *Concession stand will be available so you can purchase pizza (\$2/slice), chips (50¢), treats (50¢), etc.*
* Bring cash for the concession stand. Bring a friend.

Guys Night - 4/16

Come kick back and have a good time with your buddies! We will have a nacho bar while watching a movie! We will also play board games while the movie is running.

Java Café/Karaoke - 3/13

We will be serve coffee and hot chocolate, along with dessert. Karaoke is a great way to express yourself and sing your favorite songs. Hang out, play some cards or board games and enjoy the talent of your friends, and sing a few numbers too!

Kitchen Creations - 3/5 & 4/2

Grab your apron and your chef hat! Get ready to measure, slice, mix and cook up some healthy dishes. Participants need to be able to follow directions and assist in cooking, setting the table and cleaning up. This class is for members that actively cook at home and want to learn more about cooking.

Ladies Night - 3/19

Enjoy a night with your friends! We will be making cupcakes, painting our nails, sip on hot cocoa while watching a chick flick.

Movie and Munchies: Breakthrough - 3/20

PG | Tragedy strikes when Joyce Smith's adopted son, John, falls through the ice on a frozen lake in Missouri. Trapped underwater for more than 15 minutes, rescuers bring John back to the surface and rush him to the nearest hospital. While doctors fear the worst, the 14-year-old boy continues to fight for his life as Joyce, her husband and their pastor stay by his bedside and pray for a miracle.

Movie and Munchies: Playing With Fire - 4/23

PG | When straight-laced fire superintendent Jake Carson and his elite team of firefighters come to the rescue of three siblings, they quickly realize that no amount of training could prepare them for their most challenging job yet -- babysitting. As their lives, jobs and depot get turned upside down, the three men soon learn that children -- much like fires -- are wild and unpredictable.

Moving and Grooving with Brian Lewis - 4/14

Brian Lewis plays tribute to the oldies and performs songs from artists like Elvis, Frankie Avalon, 4 Seasons and more.

Shamrock Shuffle - 3/10

Join your friends for a fun evening moving and grooving to all of the latest hits and some classics too.

St. Patty's Day Party - 3/17

Green and orange are familiar colors in the month of March. Leprechauns and four leaf clovers all around! You won't want to miss this opportunity. Join us for a fun filled evening of delicious treats, shamrock arts & crafts, games and even a scavenger hunt!

Self-Advocacy

People First Aktion Club - 3/24 & 4/28

People First Aktion Club assists self-advocates in finding their own voices to speak for themselves, and strengthen their abilities to live as independently as possible in their communities. This is achieved through networking, educational training, and events that build social and life skills. At People First Aktion Club, members discuss community issues important to people with disabilities and learn to work as a team to solve problems. The officers (Laura, Susan, Steven and Lola) will meet at 5:00pm before the meeting. Don't forget to bring your notebook, something to write with and your \$2 to each meeting. *Contact Jamey at the LIFE Mower County office to register. Online registration is not available for this activity.*

Self Advocates Minnesota (SAM) - 3/12 & 4/9

(PFAC Members Only - Susan, Steven, Lola Sarah S.) SAM is a network of self-advocates, advisors, allies, and professionals led by self-advocates. The main focus of the group is to build a statewide network to help people with developmental disabilities know their rights.

* Bring spending money.

Vacation Opportunities

2020 Spring Vacation - Des Moines, Iowa

May 12-14, 2020 (3 Days, 2 Nights)

Cost: \$400.00

\$50.00 deposit due at registration

Final payment due by May 1, 2020

2020 Fall Vacation - Brindley's Harbor Resort on Leech Lake, Walker, Minnesota

September 8 - 12, 2020 (5 Days, 4 Nights)

Cost: \$800.00

\$50.00 deposit due at registration

Final payment due by September 1, 2020

2021 Spring Vacation - Mackinaw City, Michigan

May 18-21, 2021 (4 Days, 3 Nights)

Cost: To Be Determined, Estimate: \$700-\$850

\$50.00 deposit due at registration

Final payment due by May 1, 2021

Contact Jamey at the LIFE Mower County office to register. Online registration is not available for this activity. View more upcoming vacation opportunities at <https://www.lifemowercounty.org/vacations>.

Upcoming Activities

Kenny Chesney Chillaxification Tour Concert

Self-Advocacy Minnesota (SAM) Conference

Special Olympics Bocce and Softball

Cardinal Idol

Fishing Day in Lanesboro

Minnesota Twins Baseball Game

Rochester Honkers Baseball Game

Freeborn County Fair and Oak Ridge Boys Concert

Freeborn County Fair and Michael Ray Concert

Spring Formal/Prom Dinner and Dance

Saturday, May 16, 2020 from 4:00 PM - 8:00 PM

Hormel Historic Home, 208 4th Ave NW, Austin

Event Timeline:

Check In Begins / Social Hour / Photos: 4:00 - 5:00 pm

Dinner: 5:00 - 6:00 pm

*Roast Beef with Mashed Potatoes and Gravy,
Buttered Corn, Fresh Fruit, Beverage*

Coronation / Grand March: 6:00 - 6:30 pm

Dance: 6:30 - 8:00 pm

A magical evening fit for a King and Queen. This event is a semi-formal event and everyone is asked to dress accordingly. Ladies, this is the night to put on that extra special outfit. Gentlemen, get spruced up for that special someone.

REGISTRATION DEADLINE: Thursday, May 7, 2020, NO EXCEPTIONS, REGISTER EARLY AS SPACE IS LIMITED!

Members Dinner and Dance - \$7.00

Members Dance Only - \$7.00

Staff and Guests Dinner and Dance - \$10.00

Staff and Guests Dance Only - FREE

King and Queen Nominations and Voting:

Nominations will be accepted from March 2 - 31, 2020.

Voting will be held from April 1 - 30, 2020.